

Kay's father had been jogging for many years. Every morning before breakfast, Mr. Benson left the house wearing his sneakers and jogging shorts. Lucky, the Benson's dog, usually ran with him.

Now Kay was ten years old and wanted to start running. Her father told her that if she did all her homework each night, and got to bed on time, she could run with him for part of his route each day. Kay saved her allowance and got some neat running shoes. The first week, Kay was tired in the afternoon in school, but she didn't tell anyone. She didn't want her parents to make her stop running. After a few weeks, Kay felt wonderful, and looked forward to running with her father each day. It was a special time for them to be together. Kay began to train to run in the town's three-mile race. She felt confident that she would do well, because she enjoyed running and was getting better each day.

4th Grade—Opinion

In the story, Kay got up every day to exercise with her father. In your opinion, do kids need to exercise every day? Write an essay that clearly states your opinion. Be sure to include reasons and details to support your opinion.

4th Grade—Informative/Explanatory

We all have hobbies we enjoy doing. Think of your favorite hobby and write an essay that explains what it is and why it is your favorite. Be sure to include details to explain your answer.

4th Grade—Narrative

In the story, Kay kept running in the mornings even though it was hard and she was tired in the afternoons because this activity was important to her. Think a time when you kept at an activity even though it was hard. Write a story that tells what happened. Be sure to include details in your story.